

JUNE Q+A: SUMMER SCHEDULES

*Michelle Myers +
Somer Phoebus*

All quotes are from Michelle Myers or Somer Phoebus unless otherwise noted.

Summertime is a Holy disruption. - MM

Double-down on productivity when it's time to work so you can play when it's time to play. - SP

Don't strap yourself so tight so you don't hate what you usually love during the year. - SP

Don't fight the reality of your circumstances. - MM

Summer schedule starts in the spring. - MM

Ask the Lord to give you the creativity, content, focused work to get extra things done before summertime. - MM

Nothing will stifle my creativity more than the pressure to get it done. - MM

Solitude is critical for my mental stability. - MM

Celebrate any "wrench" thrown in the schedule. - SP

Party on Monday morning. - SP

Make sure it feels different. - SP

Needing solitude presents itself as irritability. - SP

Take some time to be in solitude. - SP

Don't feel guilty if your kids, home, family zap a little bit more energy than your work does. - SP

Be self aware where you are losing energy. Be mindful of how you can give yourself solitude at work or home. - SP

Think of the overall health and wellness of your family. - SP

What will steal your brain away is telling yourself you need to remember something over and over. - MM

Give yourself grace on both ends - the work end and the mom end. - MM

Our kids are our priority but the world doesn't revolve around them. - SP

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Our calling is secondary to our purpose. - SP

Our purpose is to become more like Jesus (sanctification). - SP

Love people, love God and make disciples is the how to fulfill your purpose. - SP

As You Go - never off for the Gospel. - MM

Simply serving God means you might just be waiting. - SP

Simple is simple. - SP

Simplification is in your soul - God in charge of you. - SP