

# The Process of Simplification

## SIMPLIFICATION STARTS ON THE INSIDE:

SOUL: Do I spend time meditating on God's Word every day?

HEART: Do I listen to and depend on the Holy Spirit more than I listen to anyone or anything else?

MIND: Do I KNOW that my entire purpose is to love God and make disciples?

## AND THEN IT MOVES TO THE OUTSIDE:

MOUTH: Do I say only what's necessary?

EARS: Do I listen so that I can do or so that I can know?

HANDS: Do I use my hands primarily to meet the needs of others?

FEET: Do I walk in the Spirit?

## AND THEN IT TAKES OVER OUR DAILY SPACES:

DEVICES: Do I use my phone or laptop to connect me to more information or real life people?

HOME: Does my home feel like a show room for my stuff or a gathering place for my people?

WORK: Does my office make me more productive or more overwhelmed?

CAR: Has it become more of a storage unit than a vehicle?

## AND THEN IT BECOMES OUR WAY OF LIFE:

CALENDAR: Am I scheduled to do what matters most and available to love who matters most?