

All quotes are from Somer Phoebus unless otherwise noted.

Have a prayer warrior that will go to bat for you.

Luke 11:1-4

The Lord's Prayer is not just an example; it's the curriculum for prayer.

Prayer is talking to God with intention.

The Lord's Prayer is recorded twice: Matthew 6 and Luke 11.

Don't put on a show or be arrogant about prayer.

Context for Matthew (Chapter 6): warning us against being arrogant in our prayer life.

Context for Luke (Chapter 11): be confident in God, He will do it.

Prayer is talking to God, but it's also more than talking to God.

Father, hallowed by Thy Name.

Father, reveal to us who you are.

We are asking Him to show us something about Himself.

God is love, just, mercy, power — show us in full display.

Your Kingdom come.

Set the world right. Do what is right. Your way, not my way. Your desires, not my desires.

Above all, I want it to be Your will, Your plan.

Give us this day our daily bread.

We are asking to be sustained. We are not asking for abundance.

Give us just what we need to be sustained.

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If we are doing the work of the Lord, we need the energy to do it.

God will deliver on His promise to give us what we need to do His work.

Forgive us our sins, for we ourselves forgive everyone who is indebted to us.

Forgive me and then help me to forgive others.

Forgiveness is an easy thing to say, but a difficult thing to do.

Forgive me, God, first.

It's much easier to forgive someone else after you've had to ask God to forgive you first.

And lead us not into temptation.

Keep us as far away from sin and Satan as possible.

My words have power. Don't give your flesh air.

I need what I need today.

Put yourself in between me and sin, God.

If you pray this way:

- you will begin to see God for Who He is because you asked Him to reveal Himself.
- you will become more confident in who He is.
- when you are confident in Who he is, you won't want to hold it in.

If we want prayer to actually be something we look forward to + crave, we have to understand "Your Kingdom come" means not only that His way is actually best, but that my way is detrimental.

My flesh can't talk unless I give it permission.

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The Holy Spirit Power Cycle: The more you pray, the more you get to experience the power of the Holy Spirit. The more you experience and understand the power of the Holy Spirit, the more you pray.

Recommended Resources: *The Lord and His Prayer* by N.T. Wright + *Prayer* by John Onwuchekwa

“Prayer in the Bible is intimately linked with the gospel - God’s promised and provided solution to the problems of human rebellion against Him and its consequences. The gospel shape of prayer is evident from the opening pages of the Bible - particularly in Genesis 4:26, when people first begin to ‘call on the name of Yahweh’ - right through the end, when the church says ‘come, Lord Jesus.’” In a sense, then, prayer is saying, “Are we there yet, God? Please bring about the things that you promised you would.” - John Calvin

Always remember: your prayers are wanted by your Heavenly Father.