

# Goal Setting Workshop

*Somer Phoebus*

**All quotes are from Somer Phoebus unless otherwise noted.**

"Make goal setting about stewardship, not achievement."

We have to evaluate and simplify.

Goal setting can be simple.

If you are goal setting, but have never evaluated yourself, you will struggle.

There are two kinds of goal setters:

- passive
- ambitious

Ambition is of the Lord when it's Kingdom focused.

Examine the areas of your life where you tend to be ambitious + where you tend to be passive. Areas where you're passive require more aim. Areas where you're ambitious require more caution. All areas require intention + thrive with accountability.

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**QUIZ: What Kind of Goal-Setter Are You? SCORING: 1 = Passive 2 = Ambitious**

With conflict, I:

1. Avoid it.
2. Enjoy it.

When people share their struggles, I:

1. Listen
2. Try to fix it

When it comes to motivation:

1. I don't really know what motivates me.
2. I know exactly what motivates me.

If my husband loads the dishwasher wrong, I:

1. Quietly rearrange it
2. Loudly rearrange it while giving a TedTalk on how to do it correctly

If someone cuts me off in traffic, I:

1. Ignore
2. Honk, yell, scream, etc.

For me:

1. Patience is easy.
2. Waiting is a form of torture.

When it comes to friendship:

1. I struggle with deep friendships (I tend to let people talk over me)
2. I struggle with new friendships (I get frustrated with surface level + want to go deep)

If I'm going out to dinner with a group, everyone knows:

1. I'll go anywhere the group wants to go.
2. I'm picking the restaurant.

**SCORING:**

- 1 = Passive  
2 = Ambitious

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All of your goals should fall under the authority of God.

Once you get God's approval, you have to lay your goals at His feet.

If the goal doesn't fall under the authority of Jesus, it will distract you.

Goals are not bad unless they come into your life outside of Jesus.

Our end goal: "Well done, good and faithful servant." - God

## **What to Do:**

Matthew 22:37-39

love God + love others

Matthew 28:18-20 make disciples, go and baptize

## **How It's Done:**

Acts 1:6 power of the Holy Spirit

You will not reach your goals without the power of the Holy Spirit.

Luke (in Acts) got the how, Matthew got the what.

Why should believers set goals? To help us with our aim.

What are we aimed for? Our purpose.

Oswald Chambers: A saint's life is in the hands of God like a bow and arrow in the hands of an archer. God is aiming at something the saint cannot see, and He stretches and strains, and every now and again the saint says — "I cannot stand any more." God does not heed, He goes on stretching till His purpose is in sight, then He lets fly.

Who needs to set goals? Naturally Passive

Accountability will be important for you.

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Who needs to be careful with goals? Naturally Ambitious

Don't fight against your driven nature. Instead redirect your ambition towards eternal goals.

Accountability is vital wherever you're passive.

If you're naturally ambitious at work, don't steal from home.

**What does the Bible say about goal setting?**

God wants ambitious believers for the Kingdom.

God will not bless your kingdom - He will use you to bless His Kingdom.

Set goals with open hands.

James 4:13-15

What's important to God is our journey there, not that we reach our goal.

**Secular goals vs Spiritual goals**

Secular goals are great if they have a Kingdom purpose. Never write down another goal without clearly stating the impact it will have on the Kingdom of God if reached.

If you're asking yourself secular vs. spiritual, then you're compartmentalizing your life.

**Short term vs. long term goals.**

If you are a planner, you will have to work extra hard to make sure your plans don't supersede God's plans.

It's a red flag if you spend more time planning for the future than you spend planning for right now.

We are incapable of dreaming as big as God can do!

If I get too far ahead of God, I am not as open-handed.

Is there something in your life that you can do that is counter-cultural to show your open hands?

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Evaluation Questions:

- Did you set goals that aimed you at your purpose?
- Did you lay your goals at the feet of Jesus?
- If someone observed the way you worked the first half of this year, would they be able to guess what goals you had?
- What will you do different for the second half of the year?

Final reminder: Goals are reached in the mundane minutes of your work day.

Download the swHw Goal Setting Guide: <https://sheworkshisway.com/wp-content/uploads/2019/09/swHw-2020-Goal-Setting-Guide.pdf>