#RealTalk for When You Grow Weary in Doing Good

Michelle Myers

All quotes are from Michelle Myers unless otherwise noted.

Download the companion resource from class here: https://sheworkshisway.com/wp-content/uploads/2020/05/Guarding-Against-Growing-Weary.pdf

Isaiah 40:28

God is so far above us. He does not grow weary.

Note that word "unsearchable" – we describe God the best we can, but even our best earthly understanding is going to be bent towards underestimating Him if we try to comprehend Him on human terms.

Because we are conditioned for weariness, we are prone to believe we are entitled to become spiritually weary too – aka to "grow weary in doing good."

The physical self and spiritual self are different.

2 Corinthians 4:16

The spiritual self is what encounters the power of the Holy Spirit.

Deuteronomy 34:7

Galatians 6:9 -- "And let us not grow weary"

If quitting was what was in the wrong here, the text would say, "And let us not quit for in due season, we will reap if we do not give up." But it doesn't just say "let's not quit." Scripture raises the standard don't grow weary. The warning is against weariness.

"Do not grow weary" is our charge.

Tiring from doing good is a temptation – not a cause and effect without cure.

In doing Kingdom work, you will be tempted to tire.

Galatians 6:9 -- "of doing good"

Real Talk #1: Test your tired.

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Are you tired from "doing good" on God's terms, seeking to serve God and others? Or are you tired from serving self?

Spiritual refreshment comes from the Lord when we're doing what He deems as good. Serving self does not lead to spiritual refreshment.

Galatians 6:9 -- "for in due time, we will reap if we do not grow weary"

Planting is a slow, continuous process -- not an immediate result.

You walk away and trust after you sow. You don't stare at the ground until something sprouts. The analogy provided here is the same picture: little daily steps of doing good + we trust God to do His thing.

But so many times, when we plant seeds of "doing good" instead of the patient process, it's like we expect a firework instead of a plant.

Fireworks are big and flashy, but they don't last. As you continue to care for them, plants/ crops continually give.

Real talk #2: You'll either rush His timing, or you'll trust His timing.

John 4:6

Jesus was weary from doing His Father's work.

Jesus broke social, religious and even "moral" code to talk to the woman at the well.

Real Talk #3: Look for evidence: do you see endurance or excuses?

Endurance > Excuses

She had spent her life drawing from wells that always left her thirsty again. Jesus knew that if she had Him, no matter what her past looked like, her future with Him would be secure. Jesus as Living Water is the one and only solution.

Real Talk #4: You might not be tired; you might be thirsty.

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We have to draw from Him and only from Him to have an endless supply to give without growing weary.

Prayer is a conversation with God when we get to be in awe of Who He is.

Prayer is time in His presence.

If we are not drinking Living Water, we're not just tired; we're thirsty.

Before she runs back into the city, she leaves her water jug.

What wells are you currently drawing from that leave you dry? What jug do you need to leave at His feet?

"'My food,' said Jesus, 'is to do the will of Him who sent Me and to finish His work.' - John 4:34

Real Talk #5: What you give out is part of your spiritual refreshment - not just taking in.

So stopping just because we're weary – that doesn't actually refresh us. Doing His work does. Serving on His behalf + being active in His will is part of our nourishment.

Galatians 6:10 -- "So then, while we have opportunity, let us do good to all people, and especially to those who are in the household of the faith"

God is the only cure for weariness, to drink of His Living Water, but part of your role is that you can help prevent weariness for others.

The Living Water is real and we cannot do work on His behalf without it.

Prayer is time in God's presence, treat it as such.

What are you doing to prevent others from growing weary?**see the class companion resource to actively make a prevention plan for those in your life**

Be aware of what makes you weary, both what tempts you to tire and what strengthens your spirit.

If we never give ourselves margin, then we limit God to using us within our calendar.

Let's lay down those jugs that always leave us dry.

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So the woman left her water jug." John 4:28

Christ has the capacity. His wells don't run dry.

Leave the wells you've been drinking from that leave you dry and thirsty. And don't refill them. Run excitedly from them and leave them at Jesus' feet.

Recap Evaluation:

Test your tired: are you tired from serving God + others, or tired from serving self?

Test the timing: are you rushing God's timing or trusting God's timing?

Evidence: do you see endurance or excuses?

Are you actually tired, or are you thirsty?

What wells are you drawing from that leave you dry?

What are you taking in?

What are you giving out?

What are you doing to prevent others (general) from growing weary?