

IswHw MASTERMIND: APRIL 2020

Michelle Myers + Somer Phoebus

All quotes are from Michelle Myers + Somer Phoebus unless otherwise noted.

#1:

Negativity comes from worry and anxiety. - SP

Has this thing happened yet? If it hasn't happened yet, you shouldn't fear it. - SP

Don't fear what hasn't happened yet. - SP

Gratitude is everything. - SP

#2:

We are meant for community and connection. - MM

What we don't enjoy is when we feel like social media makes us feel isolated + performance-driven. - MM

Social media is a great extension of your business, but it can never be the extent of your business. - MM

When you can't take a break from social, that's a sign it has become an addiction. - MM

Online is not the only place to grow something. - MM

Social media is a place where you should be sowing seeds. - MM

Social media is important, but it's not the backbone. - MM

#3:

Ask other parents that you respect for parenting tips. - SP

Do it on the front end, so you don't have to do it on the back end. - Jamie Caldwell

Everyone needs time alone. - SP

The adult relationship that I will have with my kids someday is shaped by how I parent them now. - MM

Resource Recommendation: Parenting: 14 Gospel Principles That Can Radically Change Your Family by Paul David Tripp

swHw MASTERMIND: APRIL 2020

Michelle Myers + Somer Phoebus

All quotes are from Michelle Myers + Somer Phoebus unless otherwise noted.

The gospel is the only thing that brings change. - MM

Address the spiritual issue, not just the behavior. - MM

Try not to rush bedtime - kids often open up when it's dark and quiet. - MM

#4:

Resource: Virtual Communication

As early as you can, explain to your co-workers how you handle conflict. - SP

You don't want them to see a character flaw based on your personality. - SP

Look for opportunities to affirm what they do well so every conversation isn't a hard one. Hard conversations don't seem as hard when they happen less frequently than good ones." - MM

#5:

This is exactly what the swHw Business Tracker is designed to do: to keep everything business-related in one spot + help you reverse engineer your goals into daily action steps. - MM

#6:

Surrender is a daily, constant mindset. - SP Surrender is simple, but it's not easy. - SP

Make goal setting about stewardship, not achievement. - SP

Your goals should force you to be a good steward. - SP

Create goals that force you to work to your potential. - SP

Contentment is never going to be reached if we're looking for contentment to be found in growth, goals, circumstances. Contentment is only found in God. He's the only thing that satisfies. - MM

#7:

Resource: Basecamp

IsWwHw MASTERMIND: APRIL 2020

Michelle Myers + Somer Phoebus

All quotes are from Michelle Myers + Somer Phoebus unless otherwise noted.

You need to know your people in order to create systems that work for your team. - SP

Your communication system is the main system that you need to have set in place for your team. - SP

Communication is the central and most important system. - SP

#8:

Ask yourself hard questions. - MM Ask your family hard questions. - MM

In order to fix anything, you have to face it first. - MM

In order to speak truth, you have to let people in close. - MM

Do not steal time from your family for your work. - SP

#9:

For every one minute of criticism, spend ten minutes in prayer. - Pat Cooper

Pray over a situation. Speak your heart. - MM

Husbands and wives alike, we are not mind-readers. We have to talk. - MM

Continually pray and give it to God. - MM

#10:

You have permission to say no. - SP

This time is showing us how terrible we are at being quiet with Jesus. - SP

It's okay to take a break from the screen. - SP

Submit your importance to the importance of God. - MM

#11:

IsWwHw MASTERMIND: APRIL 2020

Michelle Myers + Somer Phoebus

All quotes are from Michelle Myers + Somer Phoebus unless otherwise noted.

Your heart is what reveals the condition of whether you are asking for prayer with the right motivations. - MM

Are you asking for prayer from others because you want attention, or are you asking for prayer because you know God is the only Solution? - MM

#12:

You can put the tools in your teams' hands, but you cannot control their success. - SP

No one can promise you perks - you have to do the work to get there. - SP

Stand out from everyone else, even if it causes you to lose a client. - SP

The last thing you should do (when presenting an income opportunity) is to try to talk them out of it. - MM (More on this from Michelle at networkmarketingnobility.com)