## THE 5 HOUSEHOLD SYSTEMS EVERY SWHW WOMAN NEEDS

Systems are just as important at home as they are at work. This weekly template will help you develop and implement the five home systems every working woman needs. (Will your household need more than 5? Probably! That's why two are completely blank, so you can customize to fit your family needs!)

If you haven't developed household systems yet, this is a great place to begin.

Systems provide clarity in three areas:

1. Ownership (who)
2. Task (what)
3. Deadline (when)

Need more help? Visit the "Classes" tab in your member portal to find the corresponding class that Somer taught for this resource: The 5 Household Systems Every swHw Woman Needs.
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## S Y S TEMS <br> PLANNING/SCHEDULING

WEEK OF:

MONDAY


TUESDAY



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## SYSTEMS <br> HOUSEHOLD CHORES

WEEK OF:

MONDAY

WHO
WHAT:
WHEN:
WHO:
WHAT:
WHEN:


WHEN:

TUESDAY





## SYSTEMS

FINANCES

WEEK OF: $\qquad$

PAY DAY DATE
STARTING BALANCE

EXPENSES/BILLS: $\qquad$

TOTAL EXPENSES/BILLS
$\qquad$

GIVE SOME
SAVE SOME:

## SYSTEMS GENEROSITY

WEEK OF: $\qquad$

PLAN TO...
WHO.
HOW:
WHEN: $\qquad$

PREPARE TO...
HOW AM I PREPARED TO MEET A NEED WHEN I SEE ONE? (EXTRA CASSEROLE IN THE FREEZER, GIFT CARDS ON HAND, TIME SET ASIDE TO TAKE A FRIEND COFFEE)

# SYSTEMS <br> HEALTH - SPIRITUAL \& PHYSICAL 

WEEK OF: $\qquad$

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## PRAYER

| REQUESTS |
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FOOD I Will fuel my body well ( will practice discipline but i will not be made miserable by unrealistic expectations for myself!) BREAKFAST

LUNCH:
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MOVE I Will move today:
WHEN:
HOW: $\qquad$
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## SYSTEMS

WEEK OF:

MONDAY


WHEN:




## SYSTEMS

WEEK OF:

MONDAY

WHO:
WHAT:
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WHAT:
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TUESDAY


| THURSDAY | FRIDAY |
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SATURDAY


