

TRANSFORMING PROBLEMS INTO POSSIBILITIES

Michelle Myers

All quotes are from Michelle Myers unless otherwise noted.

Imperfection is part of being human.

Problems are unavoidable.

When problems aren't talked about that's when they become detrimental.

Problems are not bad.

The only time you should feel shame is if you are not willing to deal with it.

When we see a problem, we have a choice between two basic responses:

Complain + Blame (natural human response)

- Complaining + blaming makes it about me.

Complaining makes a problem about my comfort.

Blaming makes a problem about my pride.

It is never a good thing to put the focus on me.

Pray + Seek Solutions (spiritual response)

The quickest way to stop your natural human response is to engage God as soon as possible.

Pray and seek solutions so that we make sure we are going to the best resource - the Almighty God.

When we pray, it may not change your circumstance, but it will change your perspective.

Prayer is handing over your problem into God's control.

Problems resolve with solutions, not complaining or blaming.

We typically can't control the timing of solutions, we can control how quickly we move from problem to possibility.

Possibility is the first step to take towards the future.

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"I can't change what happened, but I can change my perspective."

Problems must lead us to ask, "What does this make possible?"

Two factors affect your capacity to reach possibility:

God

He is unchanging and true no matter what.

Nothing is impossible for God.

Luke 1:37

You don't have to understand in order for it to be possible.

When we have faith, we don't have to understand how it would work.

It's possible because He's God.

When we have faith, we don't have to be a fixer!

Google's CEO, Larry Page, one of his mottos for the Google organization is, "Have a healthy disregard for what's impossible."

Our faith

Our faith affects our capacity for what we can reach for possibility.

Where we put our faith is where we put our dependence.

When I look at a problem, where do I seek solutions?

Matthew 17:20

The faith that we have must be real and genuine.

We must understand the power and limitlessness of God.

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Your personal capacity to create possibility will be directly correlated to the size of your faith.

Do I understand that I am a child of God.

As His child, and as His vessel, I now see me as what God can do in and through me.

You have to see Christ in you and not just you.

You are not you anymore; Christ lives in you.

When you see a problem, ask yourself: "What does this now make possible?"

Understand the power that lives inside of you and the possibilities because of our limitless God.

Problems - why do we ignore them?

Hard to solve.

The question isn't about what you know, but if you're willing to grow.

Growth zones aren't comfort zones.

Growth requires discomfort.

Somehow we delusional ourselves to believe that if we ignore them, they will go away.

LEADERS: One of the biggest things that will hurt your credibility as a leader is to continue to allow problems to exist.

Take ownership and admit that all problems that exist – you either created them or you allow them.

Ignoring problems creates more problems.

Sin unchecked escalates.

Is there a disconnect between how I parent and I lead in the other spectrums of my life?

Problems often tie back to people.

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Problems USUALLY start small – but when we ignore the FIRST sign of the problem and ignore it, the problem will almost ALWAYS escalate to a problem with the person.

Dealing with a practical problem BEFORE it escalates to personal conflict will prioritize your relationships.

Create a culture where you understand that you will make mistakes and forgive.

Loyalty without accountability is toxic.

Step 1: Identify the problem in a single sentence.

Start with one single problem.

If you can't identify the problem in a single sentence, then you are trying to solve too many problems at once.

Step 2: Ask, "What does this make possible?"

Step 3: What led up to this problem?

Was anything in our control? What can we change on our end so that problem doesn't happen again?

Step 4: What did we learn that will make us better because we dealt with this problem

Your capacity to change problems into possibility will be directly correlated to your faith.

The more you deal with problems, the less uncomfortable it will be – because you will realize that pain always has the capacity

Growth and good can come from problems.